



The Center for Integrative Vocal Arts

presents:

Soundings from the Heart: Summer Soul Renewal

*An experiential voice workshop devoted to exploring
deeper levels of Spirit through the joy of singing in community*

*Led by **Holly Phares**, professional singer/voice instructor/music director*

What to expect:

- a **fun** and rich time of singing in community!
- a deeper understanding of your voice and its vast expressive possibilities
- opportunities to sing music of various cultures and traditions in a *safe* and *fun* group setting
- intentional time of guided meditation & exploratory writing
- enhancing some of our songs with exuberant playing of drums and other percussion instruments
(bring your own, if you have them – some will be provided to share)
- vocal improvisation “games”
- embodying the concept of “whole body” singing – through specific vocal, movement and breathing exercises
- *NO previous singing experience required!!*

Date/Investment:

Saturday, July 13, 2013 – 1:00 p.m. – 5:00 p.m.

The Christian Association (with ample air-conditioning!)– attached to Tabernacle United Church - 37th & Chestnut Streets (University City, Philadelphia)

(directions: <http://www.tabunited.org/directions.php>)

Investment: \$60 – 85 (*sliding scale – honor system) – *receipt of payment reserves your spot*

Limited additional financial assistance is available – please contact Holly to discuss your needs.

(Fruit, iced tea, and water provided)

To Register and/or further details: Call Holly @ 215-514-1696
or email: hphares@civocalarts.com - or mail check directly to:
Holly Phares – 220 Shawmont Avenue – Cottage, Philadelphia, PA 19128

REGISTRATION DEADLINE: Monday, July 1, 2013

**sliding scale - you decide what you can afford to invest – please be generous ☺*

Visit us at: <http://www.civocalarts.com>